



The ACADEMIES

Sycamore Valley Academy
 Blue Oak Academy
 Breakfast & Lunch Menu
 January - 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 Pancake/Syrup Chicken Sausage Patty Choice of Fruit Cheese Pizza Produce Stand	11 Mini Pizza Bagels Choice of Fruit Spaghetti w/Meat Sauce Garlic Bread Knot Romaine Salad Produce Stand	12 Sunrise Rolled Taco Choice of Fruit Chicken Taquitos String Cheese Savory Beans Produce Stand	13 Breakfast Pizza Choice of Fruit Cheese Enchilada w/Green Sauce Golden Corn Produce Stand	14 Pan Dulce Choice of Fruit Quesadilla Produce Stand
17 HOLIDAY	18 Blueberry Muffin Choice of Fruit Chicken Soft Taco Shredded Lettuce Savory Beans Produce Stand	19 Cinnamon Toast Choice of Fruit Cheeseburger Sliders Green Beans Produce Stand	20 Breakfast Tornado Choice of Fruit Macaroni & Cheese Cowboy Bread Produce Stand	21 Cinnamon Pancakes Choice of Fruit Bean & Cheese Burrito Romaine Salad Produce Stand
24 Apple Cinnamon Muffin Top Choice of Fruit Chicken & Cheese Quesadilla Produce Stand	25 Biscuit & Chicken Sausage Choice of Fruit Orange Chicken Rice Bowl Produce Stand	26 Cinnamon Loaf Choice of Fruit <u>Breakfast 4 Lunch</u> Eggo Mini Waffles Chicken Sausage Bites Tater Tots Produce Stand	27 Ham & Cheese Sandwich Choice of Fruit Tostada Boat Lettuce & Tomato Savory Beans Produce Stand	28 Benefit Bar Choice of Fruit Cheese Breadsticks w/marinara sauce Romaine Salad Produce Stand
31 Pizza Bagel Choice of Fruit Rib B-Q Sandwich Potato Wedges Produce Stand	Choice of cereal offered daily for breakfast. Each meal served with low fat milk. *May contain pork.			

Menu items are subject to change without notice.

Students must select a minimum of 3 items at each meal and one must be a fruit/juice or vegetable.

2021-22 SY
 All schools will operate under the Seamless Summer Program. Under this program, all students receive breakfast and lunch at No Cost.

“USDA is an equal opportunity provider and employer.”