



The ACADEMIES

Sycamore Valley & Blue Oak Academies
Breakfast & Lunch Menu
May & June 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancake Sausage Sandwich Choice of Fruit	2 Biscuit & Chicken Sausage Choice of Fruit	3 Cinnamon Crumb Loaf Choice of Fruit	4 Turkey & Cheese Sandwich Choice of Fruit	5 Cinnamon Roll Choice of Fruit
Beef and Cheese Rolled Taco Savory Beans Produce Stand	Chicken Penne & White Sauce Produce Stand	Cheese Pizza Wedge Golden Corn Produce Stand	Spaghetti w/ Meat Sauce Garlic Bread Knot Produce Stand	Grilled Cheese Romaine Salad Produce Stand
8 Pizza Bagel Choice of Fruit	9 French Toast Sticks Choice of Fruit	10 Yogurt & Grahams Choice of Fruit	11 Breakfast Pizza Choice of Fruit	12 BeneFit Bar Choice of Fruit
Mini Corn Dogs Baked Beans Produce Stand	Chicken Meatballs Dinner Roll Gravy/Mashed Potatoes Produce Stand	<u>Breakfast 4 Lunch</u> Mini Pancakes Chicken Sausage Tater Tots Produce Stand	Teriyaki Chicken Rice Bowl Grahams Produce Stand	Cheese Pizza Romaine Salad Produce Stand
15 Cinnamon Pancakes Choice of Fruit	16 Blueberry Muffin Choice of Fruit	17 Sunrise Rolled Taco Choice of Fruit	18 Breakfast Pocket Choice of Fruit	19 Pan Dulce Choice of Fruit
Chicken Burger Produce Stand	Turkey and Gravy Dinner Roll Mashed Potatoes Produce Stand	Chicken Pieces Produce Stand	Cheese Enchilada w/Green Sauce Savory Beans Produce Stand	Cheese Pizza Pocket Romaine Salad Produce Stand
22 Pancake Sausage Sandwich Choice of Fruit	23 Biscuit & Chicken Sausage Choice of Fruit	24 Cinnamon Crumb Loaf Choice of Fruit	25 Turkey & Cheese Sandwich Choice of Fruit	26 Cinnamon Roll Choice of Fruit
Chicken Tenders BBQ Sauce Potato Wedges Produce Stand	Chicken Soft Taco Shredded Lettuce Savory Beans Produce Stand	Cheeseburger Sliders Green Beans Produce Stand	Macaroni & Cheese Cowboy Bread Produce Stand	Bean & Cheese Burrito Romaine Salad Produce Stand
29 HOLIDAY	30 French Toast Sticks Choice of Fruit	31 Yogurt & Grahams Choice of Fruit	June - 1 Breakfast Pizza Choice of Fruit	June - 2 BeneFit Bar Choice of Fruit
	Orange Chicken Rice Bowl Produce Stand	<u>Breakfast 4 Lunch</u> Mini Waffles Chicken Sausage Bites Tater Tots Produce Stand	Tostada Boat Shredded Lettuce Savory Beans Produce Stand	Cheese Breadsticks w/Marinara Sauce Romaine Salad Produce Stand

Choice of cereal offered daily for breakfast. Each meal served with low fat milk.

Menu items are subject to change without notice.

Students must select a minimum of 3 items at each meal and one must be a fruit/juice or vegetable.

2022-23 SY
 Schools will operate under the Community Eligibility Provision. Under this program, all students enrolled at any VUSD school will receive breakfast and lunch at No Cost.

"This institution is an equal opportunity provider."

