



The ACADEMIES

Sycamore Valley Academy

Blue Oak Academy

Breakfast & Lunch Menu

December - 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Cinnamon Roll Choice of Fruit <hr/> Cheese Pizza Romaine Salad Produce Stand
4 Pizza Bagel Choice of Fruit	5 French Toast Sticks Choice of Fruit	6 Yogurt & Grahams Choice of Fruit	7 Breakfast Pizza Choice of Fruit	8 BeneFit Bar Choice of Fruit
Chicken Tenders BBQ Sauce Waffle Cut Fries Produce Stand	Turkey Soft Taco Savory Beans Produce Stand	Cheeseburger Corn Chips Produce Stand	Macaroni & Cheese Cowboy Bread Produce Stand	Bean & Cheese Burrito Romaine Salad Produce Stand
11 Cinnamon Pancakes Choice of Fruit	12 Blueberry Muffin Choice of Fruit	13 Biscuit & Chicken Sausage Choice of Fruit	14 Waffle Sandwich Choice of Fruit	15 Pan Dulce Choice of Fruit
Rib B-Q Sandwich Potato Wedges Produce Stand	Chicken Penne & White Sauce Cheese Crackers Produce Stand	<u>Breakfast 4 Lunch</u> Mini Waffles Chicken Sausage Bites Tater Triangles Produce Stand	Tostada Boat Shredded Lettuce Savory Beans Produce Stand	Cheese Breadsticks w/Marinara Sauce Romaine Salad Produce Stand Holiday Cookie

Choice of cereal offered daily for breakfast. Each meal served with low fat milk.

NO SCHOOL - December 18, 2022 - January 5, 2023

Menu items are subject to change without notice.

2023-24 SY

Schools will operate under the Community Eligibility Provision. Under this program, all students enrolled at any VUSD school will receive breakfast and lunch at No Cost.

Students must select a minimum of 3 items at each meal and one must be a fruit/juice or vegetable.

“This institution is an equal opportunity provider.”

